

Bethesda Dental Health Associates

Saba Lakhani, DDS
4400 East- West Hwy, Suite A
Bethesda, MD 20814
(301) 652-5445
info@bethesda-dds.com

Dental Soft Tissue Laser

At A *dental soft tissue laser* is a precise device that uses light energy for various procedures.

Laser Treatments for Canker Sores/Aphthous Ulcers

Canker sores are small ulcers that appear in the mouth and can very uncomfortable. They can appear in multiple areas and can range in size.

Canker sore can be triggered by stress, injury, or acidic foods (lemons, strawberries). More complex canker sores can be caused by an underlying condition that impairs the immune system like a vitamin deficiency or gastrointestinal disease like Celiac or Crohn's disease.

Symptoms include a painful sore in your mouth, tingling or burning sensation prior to the appearance of the sore, and are usually round and whitish in color with a red border

Canker sores usually take 7-15 days to diminish without treatment. An antimicrobial mouthwash can be prescribed to help treat it, but a more direct and immediate treatment is through the use of a *dental soft tissue laser*. This treatment is quick, relieves discomfort and promotes faster healing. They can be treated without the use of anesthetic and only takes a few minutes.

Gum/Periodontal Surgery

Dental soft tissue lasers can be used to shape and sculpt the gumline while sealing off blood vessels and nerve endings so that patients experience less pain bleeding, swelling, and post operative discomfort.

Gum tissue can be sculpted to create a better esthetic when smiling. It can be used to help reduce a gummy smile and lengthen the visible portion of your teeth. This can be done in conjunction with veneers or other restorations.

Gum tissue can be reshaped for other procedures as well, including crown procedures, erupting teeth, and the overgrowth of gum tissues. They are also useful in clipping muscle attachments (frenectomy) that can interfere with normal speech or movement and cause gum recession in the area.